

STARS Junior Mentor Position Description

Volunteer Position Title: STARS Junior Mentor

Locations: STARS Steamboat Resort Lower Level
2200 Village Inn Court / PO Box 770208, Steamboat Springs, CO 80477
phone (970) 870-1950 / fax (970) 870-1970

and various locations around Steamboat Springs and Routt County

Supervisor: Brett Maul, Program Manager
Contact: brettm@steamboatstars.com

Dates: STARS Junior Mentor Program requests a minimum commitment from mid-April 2017 – mid-August 2017 from the Junior Mentors (exact dates TBA)

Weekly Junior Mentor Expectation: Junior Mentors will typically volunteer: Mon/Wed OR Tues/Thurs from 9:30 a.m. to 3:30 p.m. at STARS Adventure Camp starting mid-June

Purpose: The STARS Junior Mentor Program is a one-on-one mentoring program in conjunction with the STARS summer programs that enhances our community by **empowering** youth through genuine peer-mentoring relationships. The junior mentor will meet bi-weekly with his/her mentee to develop a relationship and engage in activities that will give mentees new experiences. At STARS, we recognize that sports and recreation offers the opportunity to achieve success for our athletes. By achieving success, we build self-confidence through **focusing on possibilities** instead of dwelling on an individual's difficulties. A junior mentor aids in this process by offering encouragement, guidance, and a friendly atmosphere conducive to learning for their mentees.

Description: The STARS Junior Mentor will:

- Build a relationship with mentee while participating in a STARS program
- Meet bi-weekly with mentee through the STARS program
- Attend mentor orientation and training for all mentors as well as occasional mentor debriefing sessions throughout the summer
- Track time involved with mentee and report hours weekly to Junior Mentor supervisor
- Participate in program evaluations (training survey, pre-survey and post-survey)
- Understand and make a written commitment to follow STARS policies and procedures outlined in the STARS Junior Mentor Manual
- Complete progress reports for mentee throughout the summer

Qualifications: The Junior Mentor:

1. Must be at least an entering sophomore in high school or older
2. Must be able to commit to 15 days throughout the summer program

3. Must have a minimum grade point average (GPA) of 3.0 and above AND (1) letter of recommendation from high school counselor
4. Must be able to attend Junior Mentor trainings
5. Successfully complete an interview from a STARS staff member

Junior Mentor Application Process:

- Submit Junior Mentor Application by **April 18th**
- Provide 1 letter of recommendation from high school counselor
- Provide 3 personal references
- Complete an interview with STARS staff between **April 8th – April 18th**
- Final decision on Junior Mentors by **April 19th**
- Complete STARS Junior Mentor Training

Training and Support: STARS will provide a Junior Mentor Training 101-104 for all mentors. The Junior Mentor supervisor will provide ongoing supervision. Throughout the summer, mentors will meet prior to daily activities to discuss issues as well as receive additional training on pertinent topics to support and educate them as junior mentors.

Junior Mentor Benefits:

- Opportunity to serve and share one's own life experience with the mentee
- Gain satisfaction of working with a peer with a disability
- Gain leadership experience
- Opportunity to participate actively in outdoor recreation sports such as kayaking, cycling, tubing, rock climbing, hiking, fishing, and many more
- Chance to receive prizes throughout trainings (ie. Gift certificates, food, clothing...)
- Professional letter of recommendation upon completion of mentorship
- Summer of a lifetime!